

Boland 90 Interclub Hiking Competition NPC

(Registration no. 2019/030641/08)

www.boland90.co.za



Boland 90 Event Newsletter June 2023

A warm greeting to all as the winter season is well and truly upon us. This is also the time when SA celebrates Youth month in June when we reflect to consider in terms of the origin of this day in South African history and the impact of this on the liberation of South Africa.

The Boland 90 embraces the advancement of youth with key collaborations that seeks to inspire and accelerate youth development and opportunities within the sport, leadership, environmental & climate change education, volunteerism and ultimately personal development.

"What we know matters, but who we are matters more." (Brene Brown)

The Steering Committee is pleased with the recce's executed thus far at the second planned recce for the year we hosted scholar teams together with their Educators as chaperones



accompanying the scholar teams on the weekend. We commend the efforts of the Educators for their sterling preparations prior to the weekend with the logistics and experience on the hike. It is heart warming to see and highly appreciated.

As can be seen from the adjacent group photo it was also equally good to see the return of our marshals for the recce without which the Boland 90 event

would not be possible and we therefore remain eternally grateful for their continued support and participation.

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Our planning for the current years' event remains on track and we take this opportunity to confirm the plans which we previously communicated together with some of the key changes for this years' event planned for **Thursday 5th to Saturday 7th October 2023**. These are as follows;

Event	Distance/Duration	
Boland 90 Ultra Interclub Hiking Challenge	3 days 90 kms	No change
Boland 90 Interclub Hiking Challenge - 2 Day	2 days 60 kms	Held on the last 2 days of the Ultra event and using the same route
Boland 90 Interclub Hiking Challenge - Junior	1 day approx 8 to 10 kms for ages between 10 y/o and 15 y /o and a team of 2	Held on the last day of the Ultra event. and using a section of the same route.
Boland 90 Interclub Hiking Challenge - Trail Run	1 or 2 days 90 kms	The final details will be communicated at a later stage.

For this year's event we also further propose the following:

1. We will accept individual entries which may be placed with available teams where the 4 person team is incomplete or we may form teams with individuals so entered;
2. The Junior Boland 90 may enter teams of 2 persons within their age level which must apply during the current year and accompanied by parents/guardians;
3. The Boland 90 Trail run will be as per trail running competition rules with further details to be confirmed at a later stage.

We further recommend that all participants and their supporters **arrive** to register and setup up camp on **Wednesday 4th October 2023** around **12h00** the day before the event starts. The event kicks off with the Opening Ceremony normally held early evening on the day before the challenge starts with the Ultra Boland 90 and this includes a final briefing on the key event final logistics as well as an opportunity to clarify any further uncertainties.

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Please also note the following regarding the event to support your preparations and planning as we lead up to the event:

1. There are no costs for the supporters that join their teams for duration of the event;
2. A demarcated family friendly camping area will be provided at the base camp in the Nuweberg Reserve and all you have to do is bring your own tent, camping equipment, food and other provisions for the duration of the event. There will be no cost charged for this.
3. There will be made available ablution facilities with warm showers as well as a small communal kitchen with electricity for use by marshals, competitors and their supporters for the duration of the event. Marshals will also provide guidance and assistance where required to comply with the event rules as well as the Reserve requirements.
4. Demarcated braai area facilities will be available to all together with fire wood for the duration of the event also at no costs and you are welcome to use this for food preparations.
5. Dedicated waste bins will be made available around the base camping area and you are requested to comply with the event rules on the responsible waste disposal and support the event zero impact on the environment approach.

Calling on Marshal Volunteers

As in the past the Boland 90 event would not be possible without the Marshal volunteers and therefore we request that each team entering should also nominate marshals for the event. As can be seen in photo on the right the marshal volunteers on the Orchard Trail on the way to Boesmanskloof overnight hike during the second recce held in May 2023.

We are exceedingly pleased to see marshal volunteers from last year returning this year to join the last planned recce and also happily welcome the new volunteers to the event.



These planned overnight reconnaissance (recce) hikes in the Nuweberg Hottentots Holland Nature Reserve serves the purpose of Marshals orientation training and continuing

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development on safety in the mountains, the route navigation and the other event logistics planning.

Therefore we request the Marshal volunteers to join us for. the following dates to diarise as follows:

Recce # 1	21 to 23 April 2023	Landroskop / Shamrock
Recce # 2	19 to 21 May 2023	Boesmans Kloof
Recce # 3	24 to 25 June 2023	Mara Farm/ Junior Boland Route
Recce # 4	22 to 23 July 2023	Landroskop / Shamrock
Recce # 5	26 to 27 August 2023	Boesmans Kloof

This will include all marshals, event officials and search and rescue teams, the full details and itinerary to be provided to those committed for these dates. A marshal application form would be provided to those interested and available for these dates.



Kindly share this with your club members and other interested persons. We would encourage marshal volunteers to join all the recce's where possible.

Please also note the following regarding the event recce's to support your preparations and planning as we lead up to the event as follows:

1. **There are no costs involved to join**

any of the recce's you just need to meet us at the hikers parking area in the Hottentots Holland Nature Reserve, Nuweberg **just outside Grabouw by 7h30 am on the Saturday morning** for the latest on the day of the hike. The hike will start around 8h00 am sharp. Come fully prepared with all your usual overnight hike requirements plus food for the period.

2. Kindly see below the **directions to the Hottentots Holland Nature Reserve** as can be found on the Cape Nature website as follows;

https://www.google.com/search?q=Directions+to+Hottetots+Holland+Nature+Reserve&rlz=1C1ARAB_enZA457ZA457&oq=Directions+to+Hottetots+Holland+Nature+Reserve&q=chrome..69i57.17717i0j15&sourceid=chrome&ie=UTF-8

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DIRECTIONS:

Hottentots Holland Nature Reserve is about an hour's drive from Cape Town. Take the N2 over Sir Lowry's Pass, turn left on the R321, go through Grabouw and on towards Villiersdorp. Up in Viljoen's Pass, watch out for Nuweberg and the reserve entrance signposted on your left. At the boom gate entrance drive along the gravel road until you see the hikers parking area on the right where will wait.

GPS: 34 4 26.64 S 19 3 42.41 E

Also find the separate notice calling on marshals with all the required details included. The further contact details for this are as follows:

Area of interest	Contact person	Contact details
Marshal volunteers	Mr Deon Holloway Chief Marshal	Deon.holloway@boland90.co.za 083 995 2041
Competition matters	Mr Bennie Pietersen Director	Benjamin.pietersen@boland90.co.za 082 202 5821

We also encourage competitors to join us during these dates as part of their preparations, however space may be limited and marshals will be prioritised and competitors will be accommodated on a first-come-first-serve basis.

CALLING EVENT ENTRIES

All event entries **officially opened on 1 April 2023** and teams can enter in the various categories of the event as well as event types. A separate notice is included which provides all the details of how to enter and the cost per person for the 2023 event.

It has been encouraging to see the steady entries to date and we therefore urge all those interested to get their entries in as early as possible.

We appreciate the comments we have received since the re-launch last year as well as the growing interest in the Boland 90 event as we prepare for the current year. Therefore as previously received with thanks please continue to send us your comments, questions, suggestions as we look forward to hear from all outdoor loving interested people. Kindly feel free to share this communication amongst your family, friends, members within your organizations and networks.

The Steering Committee

Date: June 2023