

*“The Premier
Mountaineering Event of
Africa”*



***BOLAND 90 INTERCLUB HIKING
CHALLENGE EVENT 2023 & BEYOND***

5th October 2023 to 7th October 2023



BOLAND 90

INTERCLUB HIKING CHALLENGE

History

- The original founder of the event was the *late* Mr Ameen Lagardien.
- First event was staged in **1992**
- Called the “***PERM* Boland 90**”
- Later the name changed to the “***Hi-Tec* Boland 90**” and then “**Cape Nature Hiking Challenge**”



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BOLAND 90 INTERCLUB HIKING CHALLENGE: AIMS & OBJECTIVES

- To promote a love and appreciation for the mountains.
- To arrange and organize training camps and hiking challenges.
- To educate participants in the technique of safer mountain climbing.
- To contribute to conservation, environmental awareness and education.
- To organize, assist and promote mountaineering activities amongst the youth in order to promote an alternative life style.
- To create a platform for the SA mountaineering community to develop a world class competitive mountaineering event that contributes to mountaineering skills.



KEY BENEFITS

Partners / Sponsors

- Youth development and leadership skills for SA Youth.
- Map surveying / updating identified terrain.
- Collaborative opportunities (training opportunities)
- Promotional platform (Wild Card, Reserves & Trails)
- LED (local & Rural economic development) / Social responsibility
- Growth of its large outdoor events
- Brand association with unique premier event involving a healthy lifestyle & active living.
- All sponsorships will be provided with a S.18A tax certificate where required.

Hiking Community

- Developing leadership skills
- Maintaining interest in HH Nature Reserve
- Holistic hiking etiquette standards (first aid, equipment etc.)
- Good marketing mechanism (through good experiences)
- Growth of hiking as a sport/outdoor activity.



COMPETITION CATEGORIES

- Scholars

- Men

- Ladies

- Mixed

- Veterans

- 4 Members per team



COMPETITION TYPES - 2023

Event	Distance/Duration	
Boland 90 Ultra Interclub Hiking Challenge	3 days 90 kms	
Boland 90 Interclub Hiking Challenge -2 Days	2 days 60 kms	Held on the last 2 days of the Ultra event and using the same route
Boland 90 Interclub Hiking Challenge - Junior	1 day approx 8 to 10 kms for ages between 10 y/o and 15 y/o and a team of 2	Held on the last day of the Ultra event and using a section of the same route.
Boland 90 Interclub Hiking Challenge -Trail Run	1 or 2 days 90 kms	The final details will be communicated at a later stage.

- We will accept individual entries which may be placed with available teams where the 4 person team is incomplete or we may form teams with individuals so entered;
- The Junior Boland 90 may enter teams of 2 persons within their age level which must apply during the current year and accompanied by parents/guardians;
- The Boland 90 Trail run will be as per trail running competition rules with further details to be confirmed at a later stage



SKILLS ACQUIRED AND AWARDING OF POINTS

- Time planning
- Safety procedures
- Equipment checks
- Orientation tasks
- First aid
- Emergency procedures
- Knowledge of:
 - fynbos
 - weather conditions
 - aspects related to trails



DATES, FUNCTIONS & CEREMONIES

- School/college vacation – 5th October 2023 to 7th October 2023
- Opening Ceremony
- Awards Ceremony



- Participants who complete:
 - Cloth badge*
 - Medal*
 - Trophies*
 - Prizes*



VOLUNTEERS



- DELTA Search & Rescue
- WSAR Paramedics
- EMS
 - Doctors
 - Nurses
 - Unit
- Marshals
 - Educators
 - Lecturers
 - Coaches
 - Parents

VOLUNTEERS CONTINUED

- Training
- Checks & Recording
- Equipment
- First Aid



PROPOSED ROUTES

- 90 km over three days from base camp @ Nuweberg – Boland Mountains – Hotentots Holland Nature Reserve – 11km out of Grabouw
- **Day 1:** 21 km up to *Landroskop* via the Stokoe's pass, then 12 km back to base camp via the sphinx route.
- **Day 2:** 16 km to *Boesmankloof* via the Pofaddernek route, 14 km back to base camp, via the orchard route and Horrible Hill.
- **Day 3:** 14 km to *Mara farm*, via Horrible Hill and Droster's nek and 8 km back to base camp via Nuwebe



STRATEGIC OBJECTIVES

- **Grow the Boland 90 Interclub Hiking Competition in 2023 as an annual signature event** to ultimately be along a similar profile to the Argus Cycle Tour/Two Oceans marathon/Comrades marathon but with the original vision of Mr Ameen Lagardien;
 - Build the Boland 90 Interclub Hiking Competition as an institution with its **own governance structure within a Non Profit Company** together with a steering committee comprising skilled and experienced members from the mountaineering community;
 - Secure **partnerships and sponsors with multi-year commitments** to build a successful event and achieve its objectives as a Premier mountaineering event.
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Boland 90 Organizing Committee Structure

Function	
Competition/Marshals/ adjudication	<ul style="list-style-type: none">-Execution of competition- Marshals operations/logistics- Adjudications/appeals
Base Camp site Operations & logistics	<ul style="list-style-type: none">- Base camp site fixtures and equipment- Facilities management- Command control communications.
Safety, Search and rescue	<ul style="list-style-type: none">-Safety, search and rescue / WSAR- Medical support/equipment
Event Management	<ul style="list-style-type: none">-Opening ceremony/Closing ceremony-Event catering- Competition apparel/registration/accreditations of officials
Communications & Media	<ul style="list-style-type: none">- Digital / AV /Filming /Social Media
Stakeholder Engagement and sponsorships	<ul style="list-style-type: none">- Partnerships/Sponsorships
Finance & Procurement	<ul style="list-style-type: none">- Financial management / procurement of G&S

KEY DATES FOR 2023

Recce # 1	21 to 23 April 2023	Landroskop / Shamrock
Recce # 2	19 to 21 May 2023	Boesmans Kloof
Recce # 3	23 to 25 June 2023	Mara Farm/ Junior Boland Route
Recce # 4	21 to 23 July 2023	Landroskop / Shamrock
Recce # 5	25 to 27 August 2023	Boesmans Kloof
Event	5th to 7th October 2023	Hottentots Holland Nature Reserve, Grabouw

• There are no costs involved to join any of the recce's . Please come fully prepared with all your usual overnight hike requirements plus food for the period. We meet on the Saturday at the reserve at 7h30 am.

• **Directions to the Hottentots Holland Nature Reserve;**

https://www.google.com/search?q=Directions+to+Hottetots+Holland+Nature+Reserve&rlz=1C1ARAB_enZA457ZA457&oq=Directions+to+Hottetots+Holland+Nature+Reserve&aqs=chrome..69i57.17717j0j15&sourceid=chrome&ie=UTF-8

DIRECTIONS:

Hottentots Holland Nature Reserve is about an hour's drive from Cape Town. Take the N2 over Sir Lowry's Pass, turn left on the R321, go through Grabouw and on towards Villiersdorp. Up in Viljoen's Pass, watch out for Nuweberg and the reserve entrance signposted on your left. At the boom gate entrance drive along the gravel road until you see the hikers parking area on the right where will wait.

GPS: 34 4 26.64 S 19 3 42.41 E

ORGANIZERS

The event is organized by the Organizing Committee of the **BOLAND 90 INTERCLUB HIKING COMPETITION NPC** (2019/030641/08) in partnership with Cape Nature, and representatives from various hiking clubs around the Cape Peninsula.

CONTACT PERSONS



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